

TOWN OF MEDFIELD

Office of the

Medfield Outreach Advisory Board

TOWN HOUSE, 459 MAIN STREET
MEDFIELD, MASSACHUSETTS 02052-2009
(508) 359-7121

MEETING OF:
February 6, 2023
MINUTES

Members Present: Molly Frankel, Parent, Board Chair; Kathleen Cahill, Medfield Helping Hands; Kate Thomas, Karuna Nutrition & Movement; Kathleen Thompson, Nurse Leader for MPS; Michelle Manganello, MPD; Abby Bligh, Student, Junior Member

Staff Present: Kathy McDonald, Outreach Director; Mia Cianciarulo, Outreach Clinician; Meri Haas, Prevention Coordinator; Kyler Groner, Part Time Prevention Coordinator.

1. Welcomes

Meeting called to order at 6:05PM by Kathleen Cahill.

2. Approval of Minutes from 1/9/2023

Kathleen Cahill made a motion to approve the Advisory Board meeting minutes from the November 21, 2022 meeting. Kathleen Thompson seconded the motion, and all present approved.

3. General Update Outreach

Kathy McDonald provided an update on the William James Interface Helpline, our renewal for 11/01/2022-12/01/2023 price has gone up, it now costs \$250 per caller. Most callers are seeking services to address anxiety and depression symptoms for school aged children.

Kathy McDonald reported on other resources for seeking a therapist--MetroWest Care Connector (free, funded through grants) and MA behavioral health line (no reports on experience with this service as of yet).

Members discussed the cost and budgeting for Interface for the next cycle.

4. Proposed Budget FY24

Kathy McDonald provided an overview of the budget for fiscal year 24. Our operating budget will be level funded for FY24.

Kathy McDonald reported anticipating Opioid Settlement funding to allow for hiring a dual role social worker to serve as case manager/clinician for both Outreach and COA. This would be the beginning of using resources more collaboratively across Health and Human Service Departments to better serve our community.

Kathy McDonald met with Outreach's warrant committee representative on 02/06 and will attend a meeting to discuss the budget with the committee.

5. Prevention Programming Future Funding

Meri Haas and Kyler Groner, prevention coordinators, provided an update on applying for year 5 of the DFC grant.

Meri Haas, Kyler Groner, and Kathy McDonald provided an update following the presentation for the Board of Selectman that was done on 01/07.

6. Open Floor, Q&A

Abby Bligh reported on a new club started at MHS in partnership with Outreach, 'Students of Medfield'. The goal of the group is to create 1 big event each year. This year will be a walkathon on the track in which students will be sponsored for each lap walked. The money will be donated to a chosen cause, which is currently TBD.

Abby Bligh also provided an update on this year's Medfield Connects Wellness Fair, which will be held on April 6.

7. Closing, Set agenda for next meeting

Next Advisory Board Meeting is set for 03/06/2023

Adjournment - Ms. Cahill made a motion to adjourn. Seconded by Ms. Thomas.

Roll Call Vote:

Kathy Thompson = yes; Kathy McDonald = yes Michelle Manganello=yes Abby Bligh=yes Molly Farrel= yes