

TOWN OF MEDFIELD

Office of the

Medfield Outreach Advisory Board

TOWN HOUSE, 459 MAIN STREET
MEDFIELD, MASSACHUSETTS 02052-2009
(508) 359-3027 (508) 359- 6182 Fax

MEETING OF:

June 28, 2021

MINUTES

Members Present: Molly Frankel, Parent; Liz Sandeman, Parent; Kathleen Thompson, Nurse Leader for Medfield Public Schools

Members Absent: Kathleen Cahill, Parent; Michelle Manganello, Medfield Police; Meghan Bannister, MHS Student; Katherine Waters, MHS Student

Staff Present: Chelsea Goldstein-Walsh, Outreach Clinician; Kathy McDonald, Outreach Director

Location: Virtual Meeting via Zoom

1) Welcome/Call to Order

At approximately 6:04 pm, Kathleen Thompson, in place of Board Chair Molly Frankel, called the meeting to order. Ms. Thompson read the following:

Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitations on the number of people that may gather in one place, this meeting of the Medfield Outreach Advisory Board is being conducted via remote participation. No in-person attendance of members of the public will be permitted, but every effort will be made to ensure that the public can adequately access the proceedings as provided for in the Order. A reminder that persons who would like to listen to/view this meeting while in progress may do so by following the instructions on the agenda and meeting notice.

2) Approval of Minutes from May 24, 2021 Meeting

Kathleen Thompson made a motion to approve the Advisory Board meeting minutes from the May 24 meeting. Kathy McDonald seconded the motion, and all present approved.

3) Program Updates

a) Clinical

Kathy McDonald provided an update about the Medfield Outreach clinical caseloads.

The clinical referrals to this office have increased substantially as the school year has come to a close. We are filling our caseloads and referring out as needed, in terms of appropriateness for our skill sets and availability.

b) Interface Referral Service Report Dec 1, 2020 - May 31, 2021

The Interface Referral Service biannual report just came in, and the report reflected that Medfield has had the most referrals to date in the history of our relationship with Interface. There were 77 calls during this six month period. Kathy McDonald shared that she anticipates that the cost of Interface will increase in cost for the next contract, which will run from November 1, 2021 to October 31, 2022. There has been an increase in demand for the service and we will likely be asked to cover this cost in the future. There were 49 referrals for children and teens and 28 referrals for adults. Primary presenting concerns were anxiety and depression, with some self injurious behavior and a small number of cases who endorsed suicidal ideation. The referrals are largely coming from the schools, which may explain the higher percentage of children and teens. There was a two-to-one female-to-male referral ratio. The majority of calls were from residents seeking individual therapy services, with a handful seeking neuropsych evaluations, psychiatrists, and family therapy.

c) Interns

We have accepted a first-year Boston College School of Social Work student named Molly for the 2021-2022 academic year. She will be starting in September. We also have a high school intern named Chloe who will be interning with Medfield Outreach this summer, for 60 hours over a period of four weeks.

d) Medfield Foundation Campership Fund

Chelsea Goldstein-Walsh shared an update about the MFi Campership Fund, noting that there is \$10,000 available to support families sending their children to Medfield Park and Recreation camps and Hinkley Swim Pond passes. Kathy Thompson shared that the Home Committee raised \$5,000 of those funds and may be able to give more if needed. Molly Frankel asked about the history of the Home Committee. Kathy shared that it started with the Fire Chief years back, intended for families who had suffered a home fire and grew from there. The mission has evolved to meet the changing needs of the community.

4) Ideas for Medfield Day

Medfield Cares About Prevention, the Medfield Coalition for Suicide Prevention, and Medfield Outreach are jointly hosting a double booth at Medfield Day this September. We will display our new Medfield Outreach brochures, pens and business cards at the booth. Kathy McDonald asked the Advisory Board for additional ideas for the booth. One suggestion was to bring other materials left over from years past, including Interface cards, MCAP water bottles, MCSP T-

Shirts, stress slide cards, MCSP flashlight pens, and extra giveaway toys for kids. We will display the Medfield Outreach and MCAP standing flags along with our new coalition banners.

5) Board Reappointments

Board members will need to be reappointed every year, per Kristine Trierweiler. Reappointment paperwork will be sent out shortly and will be forwarded to all board members. Board members were asked to please let Kathy know if they would like to stay in their current capacity as a board member or if they would like to resign from the position.

6) Updates from board members

Kathy Thompson shared that she attended an iDecide program meeting last week. This is a reputable program through Massachusetts General Hospital and the Institute for Health and Recovery for four one-hour skills-based diversion sessions for students who have been caught using substances. Jeff Marsden signed a letter of support and is supportive for the program to be used at the middle and high school levels. Evidence shows that punishment doesn't work, so instead, there is an educational component to the program that teaches about the effects of alcohol and drugs on the developing adolescent brain and industry tactics that target young people. The program requires a minimum of two trained administrators from the school system, as well as nurses and anyone else who wants to be trained. Parents can opt into additional resources after the requisite four hours to access referrals and resources through MGH, in exchange for data that will hopefully help make this an evidence-based program.

7) Closing, Set agenda for next meeting

The next Medfield Outreach Advisory Board meeting will be on Monday, August 30, 2021 at 6:00 pm via Zoom.

Adjournment

Adjournment - Ms. Thompson made a motion to adjourn. Seconded by Ms. Frankel. Roll Call Vote: Kathy Thompson = yes; Liz Sandeman = yes; Molly Frankel = yes; Kathy McDonald = yes; Chelsea Goldstein-Walsh = yes. The Vote: 5-0.

Respectfully Submitted,

Chelsea Goldstein-Walsh, Outreach Clinician